

Eye Movement Desensitization and Reprocessing (EMDR)

The EMDR Program is a 4-week inpatient program for people who would benefit from the structure and support of an inpatient admission to safely and effectively engage in the phases of EMDR Therapy. It consists of a mix of individual and group sessions.

Scheduled Intakes for 2021

MARCH

1 March – 26 March

APRIL / MAY

12 April – 7 May

JUNE / JULY

21 June – 16 July

AUGUST / SEPTEMBER

30 August – 24 September

NOVEMBER / DECEMBER

15 November – 10 December

*** Dates are tentative and subject to change depending on number of participants expected for each intake. For more up-to-date information regarding intake dates, please contact the EMDR Program Coordinator on (03) 9526 0295.