

Eye Movement Desensitization and Reprocessing (EMDR)

The EMDR Program is a 4-week inpatient program for people who would benefit from the structure and support of an inpatient admission to safely and effectively engage in the phases of EMDR Therapy. It consists of a mix of individual and group sessions.

Scheduled Intakes for 2020

FEBRUARY

3rd February – 28th February

APRIL / MAY

20th April – 15th May

JUNE/JULY

15th June – 7th July

JULY/AUGUST

18th July – 14th August

SEPTEMBER/OCTOBER

21st September – 16th October

NOVEMBER/DECEMBER

23rd November – 18th December

*** Dates are tentative and subject to change depending on number of participants expected for each intake. For more up-to-date information regarding intake dates, please contact the EMDR Program Coordinator on (03) 9526 0295.