



Eye Movement Desensitization and Reprocessing (EMDR)

The EMDR Program is a 4-week inpatient program for people who would benefit from the structure and support of an inpatient admission to safely and effectively engage in the phases of EMDR Therapy. It consists of a mix of individual and group sessions.

Scheduled Intakes for 2021

MARCH

1 March – 26 March

MARCH / APRIL

29 March – 27 April

MAY / JUNE

31 May – 25 June

JULY / AUGUST

26 July – 20 August

AUGUST / SEPTEMBER

23 August – 17 September

OCTOBER / NOVEMBER

18 October – 16 November

NOVEMBER / DECEMBER

22 November – 17 December

Dates are tentative and subject to change depending on number of participants expected for each intake. For more up-to-date information regarding intake dates, please contact the EMDR Program Coordinator on (03) 9526 0295.